8:00-8:15 WELCOME AND INTRODUCTIONS

8:15-9:15 KEYNOTE SPEAKER - RACHEL SEE, MA, MT-BC
Rachel is a board-certified music therapist with a B.A. in Communication Disorders from Truman State University and a M.A. in Music Therapy from the University of Iowa. She has extensive experience using music therapy with children, young adults, and adults with communication disorders, Down syndrome, cerebral palsy, and those diagnosed with Autism Spectrum Disorder. On the side, Rachel enjoys all things design, as well as developing and creating ebooks such as, “Children’s Songs for Therapy”, and, “Listen, Sing, Speak!” Rachel currently resides in St. Louis, MO, where she is a full-time music therapist with the Special School District of St. Louis County. In her spare time, she creates websites, manage Music Therapy Mailings, and works alongside Michelle Erfurt on MusicTherapyEbooks.com. Rachel is also the founder and past owner of Music Therapy Services of Austin, LLC.

BREAK

9:30-10:15 CONCURRENT SESSIONS

Music and the Brain: Key Concepts for Music Therapists
Savannah Jaska

The brain is an essential organ for all aspects of health including mental, physical, emotional and spiritual well-being. With increasing amounts of research in neurorehabilitation surfacing across all therapy disciplines, it is important for the music therapist to be informed on how music impacts critical brain structures in varying disabilities. Many important decisions on how we practice can be informed through research and study of the brain. Not only is it important to be informed for practicing interventions, it is also critical in the establishment of our profession and in the coverage of our services by insurance. This presentation will include a visual art piece of the presenter's creation that acts as a “brain map” that will aid in explanations as well as a PowerPoint to provide key points throughout the presentation.

Vocal Singing for Patients with Amyotrophic Lateral Sclerosis
Megan Moran

Amyotrophic Lateral Sclerosis (ALS), also known as Lou Gehrig’s disease is a rapidly progressive neurodegenerative disease affecting the motor neurons in the brain. As this disease progresses, patients lose control of voluntary muscle movements including the ability to walk, speak, and breathe independently. Currently there is no known cause or cure for this disease and life expectancy is typically 3-5 years after diagnosis. This presentation would include the synthesis of a master’s research project (which includes research regarding the specified population), a case study, as well as a proposed a research study examining the effects of Vocal Singing and the Maintenance of Vocal and Respiratory function in patients with ALS. Included in the presentation materials will be an overview of the progression of the disease, needs of clients with ALS, an overview of the effects of singing on similar populations, as well as an assessment developed to evaluate respiratory strength in conjunction with vocal warm-ups.
**Psychiatric Music Therapy: Recovery-Oriented and Interdisciplinary Perspectives**

Anastasia Even

In this experiential and interactive presentation, Anastasia Even and a guest mental health professional will provide information on a neurological and interdisciplinary perspective of addressing mental illness. You will come away with music therapy intervention ideas, a basic understanding of an interdisciplinary team and its roles, and a list of the literature used in the presentation for later review.

*Creating Music Therapy Interventions for the Domestic Violence Population: an Empowerment Playlist Project*

Lauren Buser

Through specified trauma-informed care and stages of healing training provided at the shelter and weekly supervision meetings with the Director of Clinical Services, Lauren Buser was able to develop successful weekly session plans. The women in attendance of the group used the creative music therapy interventions to assist the student music therapist with developing an empowerment playlist, which the student music therapist recorded with Garage Band. This provided the women with a take-away piece so that they could use music therapy for real-life application. The SMT will walk attendees of the presentation through the various interventions that were used as well as provide handout examples of interventions and example session plans. The SMT will focus on the semester-long project of creating an Empowerment playlist on a CD with the women’s input and preferred music.

**BREAK**

10:30-11:15 CONCURRENT SESSIONS

*Thank you for attending Passages 2016! Enjoy your conference experience! :) *